



Usama Zia

Passport: EA5998221 | **Date of birth:** 4 Nov 1998 | **Place of birth:** Multan, Pakistan |

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● ABOUT ME

With a passion for creative problem-solving and a proven track record of success, I am dedicated to finding innovative solutions to complex challenges. As someone who thrives in a fast-paced and dynamic environment, I am always looking for new challenges and opportunities to grow both personally and professionally. With natural curiosity and a love of learning, I am always seeking new knowledge and skills to stay at the forefront of my field and deliver the best possible outcomes.

● WORK EXPERIENCE

BRANCH SERVICES OFFICER – UNITED BANK LIMITED – 1 Aug 2023 – Current – MULTAN , PAKISTAN

Cash Management
Customer Dealing

INTERNEE – PAKISTAN COUNCIL OF SCIENTIFIC & INDUSTRIAL RESEARCH, LAHORE – 1 Jul 2019 – 30 Aug 2019 – LAHORE, PAKISTAN

● EDUCATION AND TRAINING

14 SEP 2020 – 3 APR 2023 Multan, Pakistan

M.SC. (HONS) FOOD SCIENCE AND TECHNOLOGY Muhammad Nawaz Sharif University of Agriculture, Multan

Website www.mnsuam.edu.pk/ | **Field of study** Food Processing

1 OCT 2016 – 25 AUG 2020 Multan, Pakistan

B.SC. (HONS) AGRICULTURE (FOOD SCIENCE AND TECHNOLOGY) Bahauddin Zakariya University, Multan

Website www.bzu.edu.pk | **Field of study** Agriculture and Food Processing

● CERTIFICATIONS

International Certification and Training Services, 2 May 2023

Food Safety Management System (Based on ISO 22000: 2018)

Certificate No. ICTS-TR-05/IE/353

Highfield Qualifications, 19 Apr 2023

Highfield Level 3 Award in HACCP for Food Manufacturing (RQF)

Qualification number: 603/2231/7

Certificate number: HAC7306164

Highfield Qualifications, 19 Apr 2023

SME food safety culture and reducing the risk of food poisoning (1.5 CPD points)

Awareness to QMS (ISO 9001:2015)

Serial No: CIC/ATQ-190323016

Master's Point of Computer, 14 Oct 2022

IT Office

Global Standards Services, 1 Oct 2022

International Food Standards

Certificate Number: GSS/IFS/22/13

MNS University of Agriculture, Multan, 28 Oct 2021

Hands on Training on Kjeldhal and Soxhlet

I learnt proximate analysis of food including determination of crude fat, crude protein, crude fiber, ash and moisture.

● **CONFERENCES AND SEMINARS**

3 MAR 2019 – 4 MAR 2019 Bahauddin Zakariya University, Multan

4th International Conference Food and Nutritional Security in Changing Climate

1 JUN 2022 Institute of Food Science and Nutrition, BZU, Multan

Dairy is for life: let's make it our priority

● **HOBBIES AND INTERESTS**

Events organizing and management

I am a member of the Islami Jamiat Talba, which is an organization for students that works in an unofficial capacity for the improvement of the student community. During the six years that I worked for this organization, we were responsible for organizing a large number of events that were held in Pakistan.

Games

Love to play Badminton, participated in many events at the university level.

● **SKILLS**

Food Processing | Team Management | Data Entry | MS Office | Food Dehydration

● **LANGUAGE SKILLS**

Mother tongue(s): **URDU**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B1	B1	B1	A2	B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● **PUBLICATIONS**

2022

[Carotenoid metabolism, regulation in tomato \(Solanum lycopersicum\) and health benefits: An updated review.](#)

Kausar, S., R.B. Aziz, M. Waseem, M. Ahmad, H. Shafiq, M. Asim, U. Zia, S. Afzal and W. Xi. 2022. Carotenoid metabolism, regulation in tomato (Solanum lycopersicum) and health benefits: An updated review. Sarhad Journal of Agriculture, 38(5): 12-25.

Journal Name: Sarhad Journal of Agriculture | **Volume, Issue and Pages:** 38(5): 12-25.